

XCentric Ideas

30 June 2007
Volume 2 — Issue 7
by
ALMA PRETORIUS
alma@xcentricideas.co.za
082 499 8482

Recipes &
photos from
Internet,
magazines &
recipe books

*Chocolate, chocolate
everywhere,*

*On my face and in
my hair.*

*In my ears and
up my nose,*

*Stuck on all my
favourite
clothes.*

*I love chocolate,
can you tell?*

Sometimes I don't feel so well!

*I even see it when I sleep,
I count chocolates instead of
sheep.*

**Chocolate Poem
by Jake Randall**



Chocolates ... the health factor

*"Eating dark **chocolate** could help control diabetes and blood pressure",
Italian experts say.*



*"The bottom line is that **chocolate** does make women feel good,"
Waterhouse says.*

*"If the message -- loud and clear -- is **chocolate**, trust your body, let go of the guilt."*

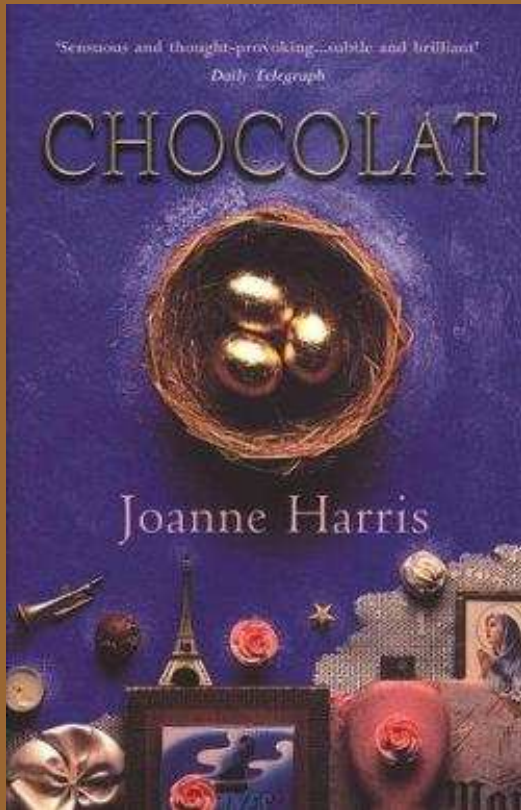
Is Chocolate healthier than green tea?

*"**Chocolate** contains up to four times the anti-oxidants found in tea."*



Chocolates ...

a novel



CHOCOLAT
by Joanne Harris

Chocolat is a timeless novel of a straitlaced village's awakening to joy and sensuality.

“...Vianne Rocher and her exquisite chocolate shop arrive and instantly begin to play havoc with Lenten vows.”

Chocolat's every page offers a description of chocolate to melt in the mouths of chocoholics, francophiles, armchair gourmets, cookbook readers, and lovers of passion everywhere.

It's a must for anyone who craves an escapist read, and is a bewitching gift for any holiday.



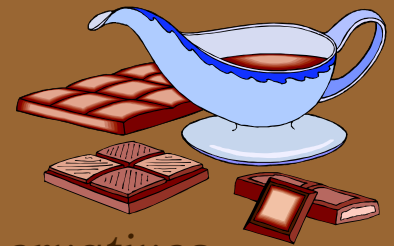


Chocolates...

the rules!



1. *If you've got melted chocolate all over your hands, you're eating it too slowly.*
2. *Hot tip: Eat a chocolate bar before each meal. It'll take the edge off your appetite and you'll eat less.*
3. *Store your chocolate on top of the fridge. Calories are afraid of heights, and they will jump out of the chocolate to protect themselves.*
4. *Money talks. Chocolate sings.*
5. *Chocolate has many preservatives. Preservatives make you look younger. Therefore, chocolate is therapeutic.*
6. *Put "eat chocolate" at the top of your list of things to do today. That way, at least you'll get one thing done.*
7. *A nice box of chocolates can provide your total daily intake of calories in one place. Isn't that handy?*
8. *If you can't eat all your chocolate, it will keep in the freezer.*



But if you can't eat all your chocolate, what's wrong with you?

Chocolate décor

Mr Price Home (1)

Choc-coloured accessories to warm up your home!

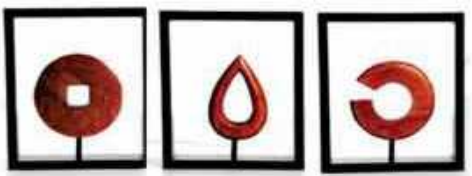


*Throws (150 x 180cm)
from R159-99 each*



*Hold everything baskets
from R259-99 each*

*Velour jacquard towels
from R49-99 each*



*Wooden wall art
from R69-99 each*



*Rustic stripe candles
from R15-99 each*



*Assorted embellished fashion cushions
from R59-99 each*

Chocolate décor

Mr Price Home (2)

*Choc-coloured accessories to warm
up your home!*

*Black & natural stripe bathroom
accessories*

from R19-99 each



Ethnic scratch mugs

from R13-99 each



Wooden salad servers

from R45-99 each (set of 2)



12 Piece steak knives and fork set

from R99-99 each



Chocolates ...

around the globe (1)

Gauteng



Chocolat de Belgique

Thrupps Centre, Illovo

www.chocolatdebelgique.co.za

Chocolate Tasting is for...

anyone who loves chocolate and is interested in food and wants to learn more about food. For team building or for groups of friends looking for a different experience.

Min number of people 10 – max 15. This experience is subject to booking and availability.

90 minutes of pure indulgence as you learn more about where chocolate comes from, see how Belgian pralines are made and taste various chocolates.

Exclude weekends.

R 110.00 - Per Person, incl. VAT

Phone Red Envelope's call centre, 0860 10 32 59 to book and check availability.

Chocolates ...

around the globe (2)

Western Cape



*Le Quartier Français
FranschHoek*

www.lequartier.co.za

Choc-a-holic Adventure

Saturday 8TH JULY & Saturday 26TH AUGUST

*Tina Jewell and Margot Janse will take you through a
choc-a-holic adventure!*

Join them at their restaurant: 'Bread and wine' at 10:00

*Learn more about the origin of chocolate &
enjoy a demonstration by huguenot fine chocolates.*

Discover and indulge in:

chocolate oil, chocolate writing, bands and curls

pain au chocolat

chocolate mousse, chocolate fondant.

Indulge in the pairing of chocolate and môreson wines

neil's antipasto followed by chocolate fondant

chocolate - wine - chocolate

R495.00 Per person

Contact Tina on 021 - 876 3692 or email breadandwine@moreson.co.za

Chocolates ...

around the globe (3)

Midlands Meander



*Granny Mouse Spa
Midlands Meander
Natal*

www.grannymouse.co.za

Cocoa Bean Back Treatment

With a newly opened Spa and Wellness Center, this retreat must now have one of the most complete and indulgent all-round packages in Kwazulu Natal. The new spa offers a full range of massage and skin treatments, as well as a state of the art steam room, Jacuzzi and hydrotherapies.

Package 2 - Winter Special Mania

Warm, fizzing cocoa bean back treatment with hot stone massage

Relaxing aroma hydro-therapy treatment - 1 hr 30 mins

Total cost: R450 - Price you pay: R350

(033) 234 4071 or info@grannymouse.co.za

Chocolates ...

around the globe (4)

Bloemfontein, Free State



*Chocolate Fountains
Bloemfontein*

Rent a Chocolate Fountain

It's perfect to rent for any occasion.

Imagine walking into a room filled with the aroma of premium Belgian chocolate cascading over towering Chocolate Fountains... heaps of fresh strawberries waiting to be dipped...

Chocolate Fountains / Chocolate Fondue Fountains are becoming one of the most requested special event catering equipment ideas since the champagne fountain.

0860 986 986

info@thechocolatefountain.co.za

Chocolates ...

around the globe (5)

Perth, Australia



*Margaret River Chocolate Co
Swan Valley, Perth*

www.chocolatefactory.com.au

Chocolate Factory

*You don't need a golden ticket to enter this fabulous
chocolate factory in the Swan Valley.*

*Walking through the shop to the cafe, past the tasting
bowls and the delectable counter display of individual
chocolates, there's an array of freshly made panini,
liquid refreshments and sweet treats.*

*The blackboard menu has a distinctly chocolatey
theme, featuring dreamy chocolate fondue, fudge cake,
brownies, ice cream sundaes, iced chocolate and
heavenly hot chocolate.*

*Live bands play every Sunday and during Easter,
Christmas and the Spring in the Valley Festival.*

*5123 West Swan Road
West Swan
PH: (08) 9250 1588*

(Located just 25 minutes from the Perth CBD)

Chocolates ...

around the globe (6)

Brisbane, Australia



*Coffee & Chocolate Coffee Shop
Queens Plaza, Queen Street Mall*

<http://my247.com.au/brisbane/photos/Coffee-Chocolate.22801>

*High Tea
Mondays to Wednesdays*

Spend an indulgent afternoon at the Coffee & Chocolate, enjoying a 'high tea' served in grand tradition.

Your choice of signature tea or coffee is poured by discreet staff and the aroma of freshly baked cakes and scones permeates the air.

Select from an array of pastries, cream cakes, and signature chocolates, all beautifully presented on silver three-tiered stands.

Mondays at 2 pm. Price: \$29-95 for 2

Bookings and enquiries at (07) 3229 7799

Chocolates ...

around the globe (7)



Melbourne

Chocoholic Tours

Melbourne

<http://www.chocoholictours.com.au>

Chocoholic Tours

Friday, 2pm – *History and chocolate combine in a melting pot to give those visiting Melbourne a delicious taste of life in this city. Australian and Belgian chocolates, tea, a stop at a French café...*

Saturday, 10am – *Discover chocolate treasures hidden away in Melbourne's lanes and arcades, taste the best chocolate in town and chat about the mysteries and passion surrounding the world of chocolate. The tour includes petit-fours, hot chocolate, chocolate tastings and treats.*

Saturday, 12pm – *If you love chocolate, this tour is for you! Get in the chocolate mood at lunchtime with luxury products, hot chocolate and Belgian chocolate muffin cakes!*

And loads more...

Bookings: suzie@chocoholictours.com.au (03 9686 4655)

Chocolates ...

... ultimate funky way!

*Surprise your guests
with this funky and
innovative way to
chocolates ...*



*You are
guaranteed
NEVER
to be
perceived
boring
and
dull again!*